

**March
2011**



*GUILDFORD AND SOUTH WEST
SURREY VOLUNTARY GROUP*
NEWSLETTER

Website:
www.diabetesguildford.org.uk

CAN YOU HELP DIABETES UK PROTECT HEALTH SERVICES?

PRESIDENT:

*Professor David
Russell-Jones*

COMMITTEE:

Vice-Chairman:

*Geoff Woolley
01483 828499*

Treasurer:

*Roy Vinall
01483 222071*

Secretary:

*Roy Johnson
01483 486486*

MEMBERS:

*Ian Allen
01483 203744*

*Julie Grist
01428 683448*

*Edouard Le Maistre
01483 416303*

*Daphne Millar
01483 560581*

*Pat Millar
01483 560581*

*Gill Vinall
01483 222071*

*Allan Williams
01483 424819*

Diabetes UK is asking for help in protecting diabetes services

They welcome the emphasis the Government is placing on patient involvement within the new Health and Social Care Bill. However, they believe the requirements within the Bill to improve patient involvement need to be strengthened in order to have a positive impact.

They are also concerned that new proposals could mean different aspects of diabetes care could be commissioned by different healthcare bodies. This could have a detrimental impact on people with diabetes and could result in health services failing to join up around the patient. Again, stronger requirements need to be made to ensure this does not happen.



How you can help

The Bill is currently being debated in Parliament and many MPs have not yet made up their minds about whether they agree with the proposals. Diabetes UK is campaigning with other health charities for changes to be made that

would make sure the NHS really is accountable to the people who use it – that's you, your friends, your family.

They are working with MPs and Peers from across Parliament to raise our concerns and need our help to make sure our message is heard.

You can do this by emailing your MP and asking them to support people with diabetes by speaking up at the debate.

The more MPs we reach, the stronger and louder our voice will be. This is your chance to shape the future of diabetes services and care for the 2.8 million people with diabetes in the UK.

How to contact your MP

When writing to an MP the address to use is: House of Commons London SW1A 0AA.

A letter or an email allows you to explain yourself clearly and in detail and the MP will have a record of your problem.

If you do not know their name, then phone the House of Commons Information Office on 020 7219 4272.

You may also contact your MP through their local constituency office.

Addresses and contact numbers will be listed in local libraries, town halls, an MP's personal website or through the House of Commons Information Office.

Taken from Diabetes UK website, 19th March 2011

Meetings are normally held on the first Monday of every other month.

Our venue for meetings, except for August, is CEDAR, the Centre for Endocrinology, Diabetes and Research, at the Royal Surrey County Hospital.

Meetings start at 8pm but tea and coffee are available a bit earlier.

There are a number of parking places for blue badge holders right at the back of CEDAR. But we also have agreement to park in the staff car park between 7.30pm and 10 pm. Or you can, of course, park in the pay and display visitors car park, if you prefer.

Do you have email?
Send me an email and you can have this Newsletter that way.

If you wish to discontinue receiving this newsletter please let me know. We have to ask this under the terms of the Data Protection Act.

Julie Grist, Editor
Holmbury
Wheeler Lane,
Witley, Surrey
GU8 5QU

01428 683448 or
email
julie.grist@lineone.net

IF YOU ARE ADMITTED TO HOSPITAL

When you are admitted to hospital, your needs will be assessed and a care plan should be discussed and agreed between you and the hospital team. This applies whether you are admitted for a planned procedure or because of an emergency. The care plan should be regularly updated by a member of the hospital team and should record:

- how you can contact the diabetes healthcare team
- what care you should expect to receive and information about your stay
- if you would like to involve your carer/relative in your care
- if you experience hypos (low blood glucose) and/or hyperglycaemia (high blood glucose), and how these will be managed
- how your diabetes will be managed including whether you wish and are able to take your own diabetes medications
- any specific dietary needs you may have.

DATES FOR YOUR DIARY

Monday, 4th April 2011

Three for free! A Quiz, an Update on Diabetes and an AGM.

Pat Millar will run the quiz and Dr Victoria Hordern, a consultant at CEDAR, will update us on happenings in the diabetes world and at CEDAR. Plus Guildford and South West Surrey Voluntary Group AGM

Join us at 8pm at CEDAR, the Centre for Endocrinology, Diabetes and Research, at the Royal Surrey County Hospital.
7.30 for drinks and nibbles.



OTHER DATES

The programme is still at the planning stage but the next two meetings at CEDAR will be on:

Monday, 6th June 2011

Monday 3rd October

The August meeting will be a social event and will not be held at CEDAR, but we will let you know where, what and when nearer the time.

